

# The

**BUWAN NG WIKA**  
LCC-C nagdaos ng birtwal  
na Buwan ng Wika

**LCC-C WEBSITE**  
La Co Inaugurated its  
Official Website

**LCC-C NEW ACADEMIC  
YEAR** College kicks off  
the new academic year

Official College Publication of La Consolacion College – Caloocan

# LUMINARY

Volume 1; Issue # 1 | November 2021

## LCC-C WELCOMES LIA!

## SQUID GAME

Hits #1 on Netflix with 111M  
watching accounts on its  
first 27 days

## TERROR-RIFFIC HALLOWEEN

Sorry, Margaret!

## ADDRESSING OUR INNER BATTLES

Celebrating Mental  
Health Month

## CANCEL CULTURE

You are #canceled!



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## EDITOR'S NOTE

I have always been torn with the choices leading to my future. If you were to ask 15-year-old me, she would say I'm in a Tech school studying Engineering. But, it seems that life has different plans for me.

Pre-pandemic I would do things and say YES despite its unhealthy effect for me - the downside of a 'people pleaser'. 2020 came in bearing a pandemic, where I had a chance to sit down and rethink my options.

Around late October, I launched the first-ever episode for my podcast, Life Boxed Out. It was the first time I have spoken a lot of my opinions on a social media platform. At first, it was horrifying to be bugged by the thought of what others would say about me and my content. Later on, I come to realize that it's something I enjoy doing where I get to inspire my listeners. I remember telling a friend that "it's good to do what you love every once in a while, as it refreshes your mind and soul. Like in therapy."

Having to produce my podcast in a year, gave me enough confidence and led me to speak my mind even more. At that point, I started to seek more publishing opportunities. It was then where I was offered a huge job for the Luminary - one I didn't see coming. This was a dream position that I thought I would never get, as it is my last year on campus (or would you say virtual campus).

In this issue, the team and I poured our hearts out to get the right mix of 'journ' and fun. It features a lot of Janelle's work on Lia and an original layout from Walter and Aren. This is a jam-packed magazine covering every school event plus relevant feature stories. I hope you take the time to open and read the content we offer. See you on our next issue and stay safe!

*Samantha Calalay*  
SAMANTHA GABRIELLE S. CALALAY  
EDITOR-IN-CHIEF





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# LCC-C College Department kicks off the new academic year

by Beatriz Elaine F. Basto

**L**a Consolacion College - Caloocan (LCC-C) College Department starts the Academic of 2021-2022 on August 23, 2021, held at Zoom Meeting through a series of programs and orientation.

The program commenced by introducing the vision, mission, goal statement, and core values presented by Mr. Henry Alarcon.

"Vision is crucial to articulation of the institution's direction while the mission is crucial to institutional planning," said Mr. Alarcon.

The enhanced academic policies for this academic year were introduced by Mrs. Ma. Corazon G. Mahilum, the College Academic Coordinator.

It was mentioned that the College Department of LCC-C will still adapt flexible learning delivery as the mode of instruction. This is regarding the teaching and learning environment, schedule of class delivery, work standard, and assessment of students' performance.

Mrs. Soledad Felongco, Student Affairs Coordinator, introduced the different organizations for co-curricular and extra-curricular activities: The Future Mentors' Society (FMS), Young Entrepreneurs' Society (YES), HM Society (HMS), Travel Club (TC), Student Advisory Board (SAB), and The Luminary.

For the students' extension and services, the Guidance and Evaluation Center offers programs and services regarding mental health matters.

The LCC-C Clinic Health Services offers teleconsultation for LCC-C students and personnel by having medical advice and prescription.

Finance Office discussed the payment policies and guidelines to the financial transactions of the school.

"Be sure to your choice and decisions that you are going to make and take your education seriously," said Sister Maria Lina R. Despojo, OSA, the President, and Dean.

The beginning of the College Department for Academic Year 2021-2022 has set the goals towards achieving the success of the LCC-C community.

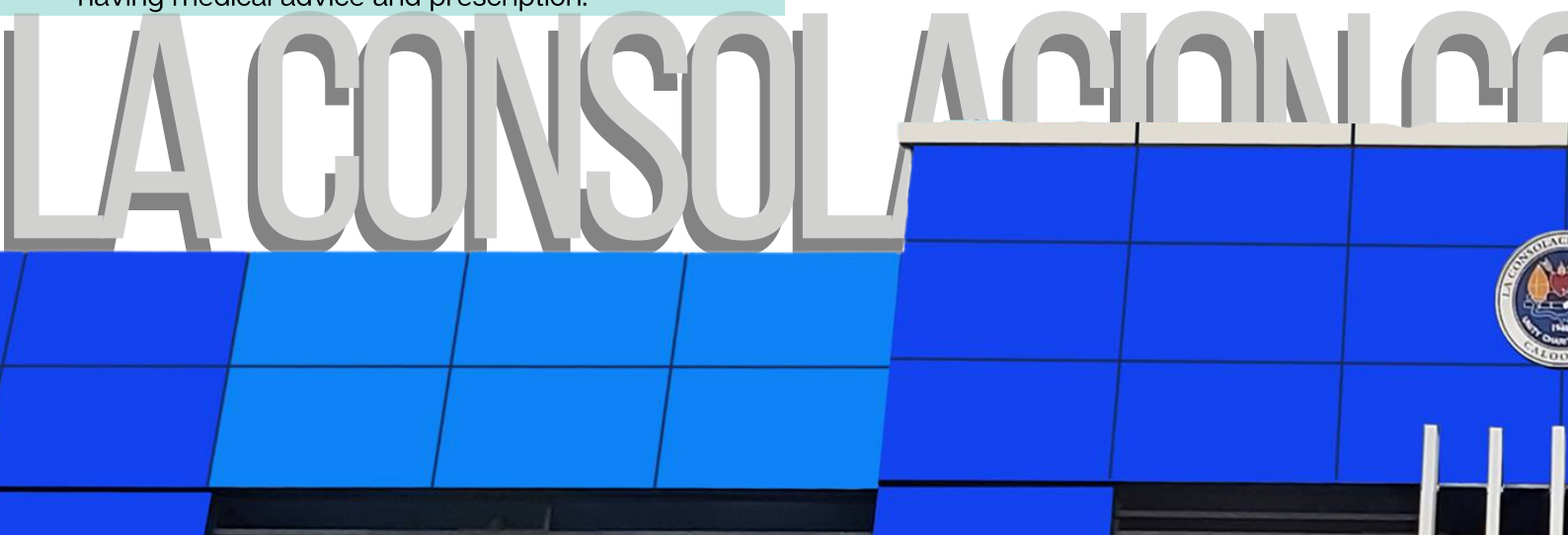


## LCC-C Orientation Week pack with a blast!

by Jerome Quiyan Jr. and Jay-R James Cabugnason

**O**n August 23, 2021, La Consolacion College - Caloocan (LCC-C) welcomed the set of college students via Zoom enrolled for the Academic Year 2021-2022.

On the same day, the policies, rules, and guidelines appropriate for online learning were discussed by Mrs. Ma. Corazon G. Mahilum, Academic Coordinator, and Mrs. Soledad S. Felongco, Student Affairs Coordinator. Aside from that, school services' representative discussed their service for students.



LCC-C started the day with a “Triduum in Honor of St. Augustine” which was led by selected college students last August 24, 2021, following the opening orientation.

The College also had a talk pertaining to “Health and Wellness” facilitated by Dr. Aimee Rosette Cruz, Hospitality Management Adviser emphasizing why mental health is important and how to cope up with the stress that students have been experiencing.

The facilitator demonstrated and shared her healthy recipe during the “Cooking Time” portion. In the latter part, HM Society students took over Dr. Cruz to facilitate the activities prepared.

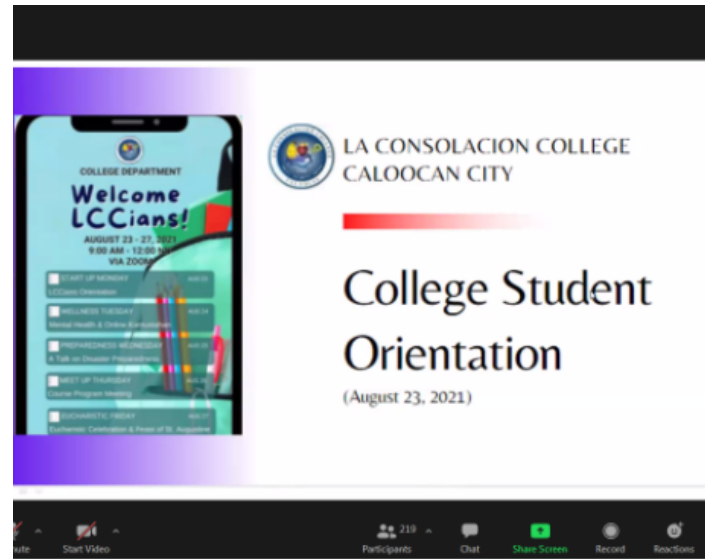
Third day of the orientation week, Wednesday, August 25, 2021, Buwan ng Wika was launched with the theme “Filipino at mga Katutubong Wika sa Dekolonisasyon ng Pag-iisip ng mga Pilipino” hosted by Kenneth Jordan D. Carpio and Beatriz Elaine F. Basto.

In celebration of LCC-C College Department's Buwan ng Wika, the Future Mentor Society (FMS) prepared three contests: (1) Paglikha ng Digital Poster entitled “Pagmamalaki sa Orihinal na Sining, Tatak, at Estilong Relikya”, (2) Paglikha ng Digital Slogan entitled “Isiwalat ang Loob, Galing Ng Pinoy!”, (3) Pagsulat ng Tula entitled “Salita, Tula, at Likhang Makata”.



On the same day, the “Disaster Preparedness Seminar” was held and attended by the students. Ms. Winona G. Onza was the speaker and she discussed the definition of disaster and how people

must prepare for its danger and tackled the importance of Disaster Preparedness. She also added that a pandemic is a form of disaster and focused on how the government responds to the pandemic.

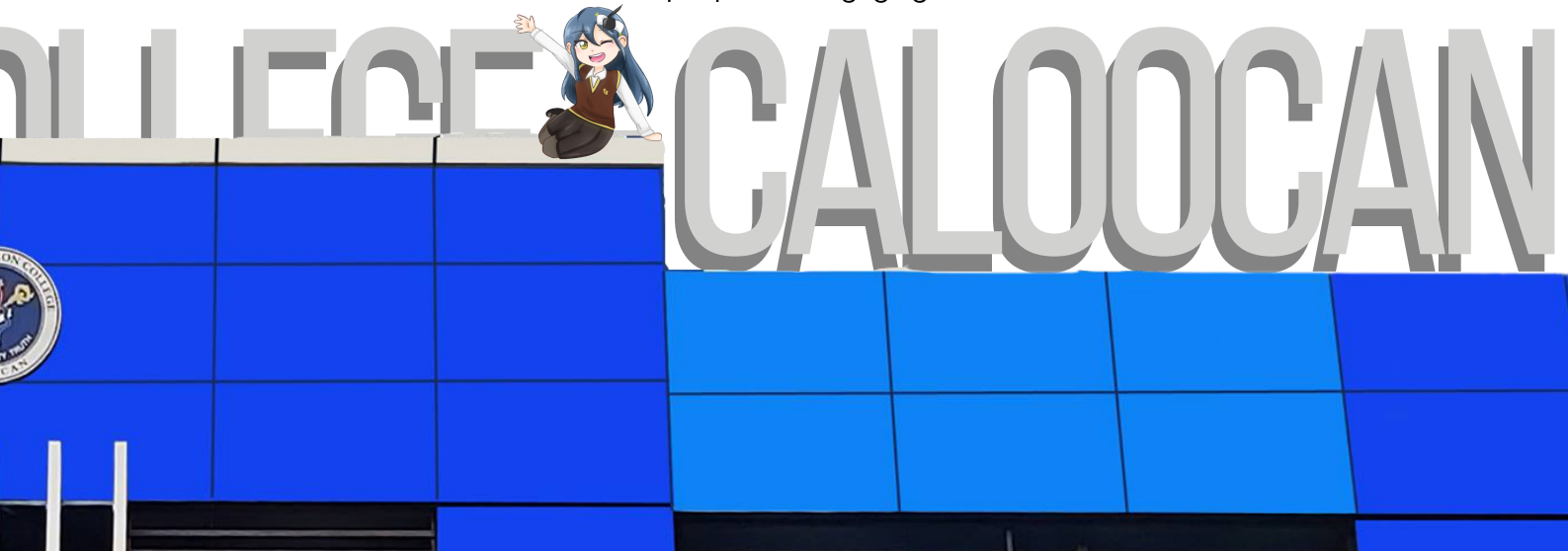


On the fourth day of the Orientation Week, Thursday, each course program had its first general meeting with the agenda of sharing the college goal, program roles, and student performance outcome. Each program also presented the accomplishments of every committee and elected the new set of officers for the new Academic Year.

On Friday, August 27, 2021, LCC-C commenced the day with a Mass celebration in Honor of the Feast of St. Augustine, presided by Fr. Nino Andrade, OSA. After the Mass, First Assembly with Newly-Elected Program Officers with Mrs. Soledad S. Felongco, College Student Affairs Coordinator took place.

Along with the discussion of plans for the Student Advisory Board, the importance of leadership, and activities connected to political and social awareness were also tackled.

LCC-C College Orientation was jam-packed with information and expectations of the opening of a new academic year under the second year of distance learning modality. Hoping one day, these assemblies will be held in person, interacting and engaging with one another.







## LCC-C inaugurated its Official Website

by Kenneth Jordan D. Carpio

**L**a Consolacion College – Caloocan (LCC-C) launched its official website last August 14, 2021.

To promote and reach more people, LCC-C activated the website to disseminate applicable information about the school's history, objectives, mission, vision, core values, facilities, admission requirements, enrollment procedures, programs offered and other relevant information. The website also provides announcements regarding school activities and other related events.

As pandemic continues to spread across the country, the safety of the students, parents, and information seekers was considered by LCC-C as why it launched its official website.

"Prior to the launching of the website, LCC-C has been using its official Facebook page in providing information to the LCC-C community," said Mrs. Annariza Bernardino, the school's Guidance Counselor.

Those who wish to get information about the school can access its website through **[www.lccc.com.ph](http://www.lccc.com.ph)** and its official Facebook Page at **[facebook.com/LccCalCity1940officialpage](https://facebook.com/LccCalCity1940officialpage)**.

Internet and social media accounts are part of the bureaucracy of schools and institutions to engage with its community members and those who wish to be part of the institution.

# LEADERSHIP TRAINING

## LCC-C's Collaborative Online Leadership Training

by Jay-R James Cabugnason

**L**ast September 3, 2021, La Consolacion College – Caloocan had an event via Zoom about Leadership Training presented by Mr. Joseph Angelo M. Santos with a goal that it will empower LCC-C students.

The objective of the said training is to promote the essence of having strong leadership in each of the students. Mr. Santos discussed the three (3) pillars of leadership: Faith, Service, and Community.

The Pillar of Faith mainly talks about discerning things, whether it is right or wrong, but it should be anchored to the teachings of the gospels. Therefore, the application of the said pillar would be uniting the actions and intentions with those teachings.

Next is the pillar of service, which talks about how people should accept and appreciate their God-given gifts, blessings, and talents. By harnessing these correctly, a person can responsibly serve others and bring delight to others' lives.

Last is the community pillar; it talks about how a person must act appropriately because we live in a place where we are part of a community.

"As a leader, we must value working with others, developing communication skills, being open to ideas that lead to the betterment of others, being accountable for the decisions he/she made and as for the last, a leader ought to have a big heart

# LCC-C nagdaos ng birtwal na Buwan ng Wika

nina Jay-r James Cabugnason at Jeslie Reyes

Pinagdiwang ng La Consolacion College - Caloocan ang birtwal na Buwan ng Wika mula Agosto 25 - 31, 2021 na may temang "Filipino at mga Katutubong Wika sa Dekolonisasyon ng Pag-iisip ng mga Pilipino."

Ang selebrasyon ay pinangunahan ng Future Mentors Society, lupon ng mga mag-aaral mula sa Batsilyer sa Edukasyong Pang-elementarya.

May mga patimpalak na inihanda at ito ay ginanap online sa pamamagitan ng Zoom para masigurado ang kaligtasan ng bawat mag-aaral dahil sa banta ng pandemya sa bansa.

Mayroong tatlong kategorya ang patimpalak: Paglikha ng Digital Poster kung saan nanalo si Elah Binuya ng Business Administration; Digital Slogan kung saan nanguna si Madelaine Magbiray ng Tourism Management; at Pagsulat ng Tula na kung saan nagwagi sina Gayle Corpuz at Melannie Tablante na parehas ding mag-aaral sa kursong Tourism Management.

Gumanap bilang mga hurado sa mga patimpalak ang mga gurong sina G. Jeophel Labongray, G. Brian Pateo, at G. Jeetendra Vaswani.

Ang mga nagwagi ay nag uwi ng premyo at Sertipiko ng Pagkilala, samantalang ang mga hindi pinalad ay ginawaran ng Sertipiko ng Pakikilahok.

Hindi nawawala sa taong pampaaralan ng LCC-C ang taunang pagdiriwang sa Buwan ng Wikang Pambansa.



Nilalayan ng pagdiriwang na pagyamanin at maitaguyod ang pambansang wika at ang mga wikang katutubo sa pamamagitan ng mga inihandang gawain ng mga tagapag pasinaya.

Hindi naging hadlang ang pandemya para sa mga mag aaral ng kolehiyo upang higit na maipalaganap ang kahalagahan ng wikang Filipino at mga katutubong wika sa bansa.

Isa ang Buwan ng Wika sa mga selebrasyon na pinaghahandaan at hinihintay ng mga LCCians.

G

to make his community exist humanely and harmoniously," said Mr. Santos.

In addition, Mr. Santos also tackled the usefulness of the 4C's: Communication, Critical Thinking, Collaboration, and Creativity.

Communication talks about how a simple message should have a sender and receiver. Next is Critical Thinking in which he defined as what are the things that can benefit the majority of the society.

The third is Collaboration. As a leader, the first thing we think about does not do anything; you did not become a leader just to do all things. You are in the

position to make others work in harmony with each other.

Last is Creativity, by using your skills and talents to help others in the way you are comfortable and have fun at the same time. Mr. Santos added that "let us always be reminded that there is no limit as to what you can do and what we can do."

After Mr. Santos' presentation, he was then awarded a Certificate of Appreciation and Gratitude, followed by the closing remarks delivered by Beatriz Elaine Bastos from the Future Mentors Society.



NEWS

THE  
LUMINARY

| 04



## 15th Hospitality EdukCircle deemed successful

by Samantha Gabrielle S. Calalay

Chairman Director Dr. Alexander Baltazar drove the virtual 15th EdukCircle International Convention on Hospitality and Tourism to success last October 2, 2021.

With a total of 518 participants from 42 colleges and universities, the event lasted for 9 hours in the Zoom webinar setting. Attendees consist of students and academe specializing in Hospitality and Tourism.

Six (6) speakers from all around the globe shared their insights on different topics related to the industry.

Hosted by Dr. Alexander Baltazar, the convention started with a few briefings about the Zoom webinar option. He also acknowledged that present panelists from different colleges and universities, including La Consolacion College-Calocan, will be heard after a speaker's presentation.

It was then discussed by the first speaker, Dr. Breffni Noone, Associate Professor at Pennsylvania State University, the topic on revenue management and profit optimization during the pandemic. By filling in the gaps with her data, she forecasted "consumer spending in the US 2022 will be its highest since World War II" verbatim.

The second speaker, Dr. Jeffrey Beck, Associate Professor at Michigan State University, stated that in the industry, "action-based is what really matters and at the end of the day, it's [about] doing the right thing." non-verbatim.

During panel interaction, Dr. Beck praised the Filipino workforce with the words "Filipino work ethics serve the very best of customers" verbatim.

The day went ahead with the third speaker Dr. Michael McCall, NAMA Endowed Professor of Hospitality Business; Michigan State University. He then presented and wrapped up his talk with "Loyalty programs are not about giving discounts, but more on engaging with customers." non-verbatim.

After which, the EdukCircle team presented a thesis study from the University of Baguio and Ramon Magsaysay State University.

Hosting substitution by Ms. Toni Pua, the resumption of the session came in with another speaker, Dr. Jonathan Lockwood Sutton, Instructor at Hong Kong Polytechnic University. He then talked about the implication of technology within the hospitality industry, moving forward with the argument of technology being functional vs. "just being used to it."

The fifth speaker, Dr. Sandeep Basnyat, Assistant Professor at Macao Institute for Tourism Studies, stated, "You are driven by your own necessities" verbatim. He pointed topics on the Tourism and Hospitality industry being mobile in labor.

Dr. Peter Lugosi, Professor at Oxford Brookes University, being the last speaker, covered migration, labor mobility, and hospitality employment, wherein the most highlighted parts were the importance of occupational and organizational mediators of migrant experiences.

Before the program ended, Ms. Toni Pua gave gratitude to all speakers, panelists, team, and attendees of the 15th EdukCircle. She then announced the 10 winners of 100-peso load from the social media follow and like raffle draw.

To get more information on EdukCircle Conventions, "The EdukCircle" is available on Facebook & Youtube, or visit @edukcircle on Twitter & Instagram.



EdukCircle resource speakers



# Luminary relaunching creates buzz with 400 likes on Facebook

by *Jeslie Reyes*

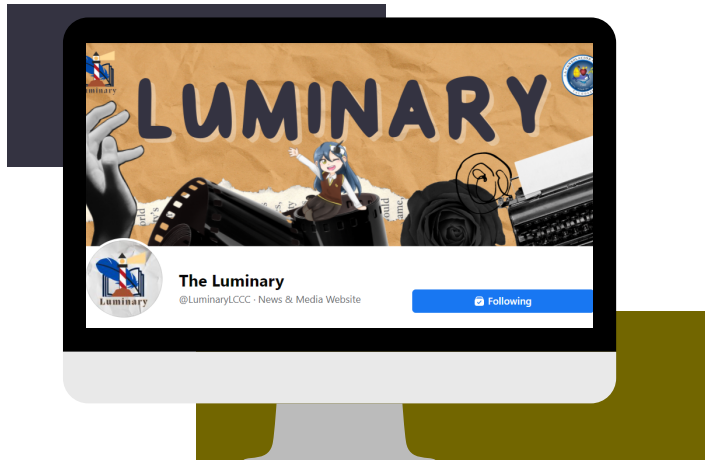
To revive the spirit of campus journalism – The Luminary, Official College Publication of La Consolacion College-Caloocan, finally rolled out its Facebook page together with their relaunching on September 17, 2021.

The said relaunching has presented the organization's advocacy in publishing relevant and truthful articles for the benefit of the College Community at LCC-C.

Aiming to inspire college students to engage in campus journalism and its advocacy for press freedom, the activity was led by Luminary's Editorial Board for Academic Year 2021-2022.

The afternoon was filled with posts introducing the Luminary Facebook page. In addition, pictures of the team were changed with uniform frames and captions to promote its relaunching.

"Uphold the power of Campus Journalism to inspire and push," said the Luminaries through their DP blast.



The page has gained over 400 likes and followers within 12 hours of its relaunch; the online posting event was a great success. In addition, its post on introducing Luminary's Editorial Board received 46 reactions and 37 shares, which has helped to reach hundreds of Facebook users.

The high number of page engagements became possible with the help and support of LCC-C's college students, as they have encompassed the majority of people who shared, reacted, and gave comments in every post.

Today, the Luminaries are 18 in total, including their adviser – Mr. Jayson Abada. The team looks forward to new members throughout its operation and calls for submission on journalism-related materials open for LCC-C's college students.

If interested, you can send them a message through 'The Luminary' Facebook page or e-mail them at [Luminarypublication.lccc@gmail.com](mailto:Luminarypublication.lccc@gmail.com).



WELCOME TO LA CONSOLACION COLLEGE-CALOOCAN



# Guidance and Evaluation Center steers Unified LCC Resiliency webinar to success

by Maevi Rizza Galang

The Guidance and Evaluation Center hosted a webinar entitled "Building Resilience to Overcome Hardships in Life" via Zoom on the 22nd of October 2021.

To inspire and motivate Unified La Consolacion College (ULCC) students, the Guidance and Evaluation Center organized a mental-health-focused webinar in celebration of 'Mental Health Awareness Month'. Master of Ceremony, Samantha Calalay, gave an introduction and was the first to welcome participants in the Zoom and FB live channel.

Angel Emerald Patawaran, LCC-Valenzuela Senior High School (SHS) student, led the opening prayer and was followed by the welcoming remarks from LCC-Caloocan College Education student, Kenneth Carpio.

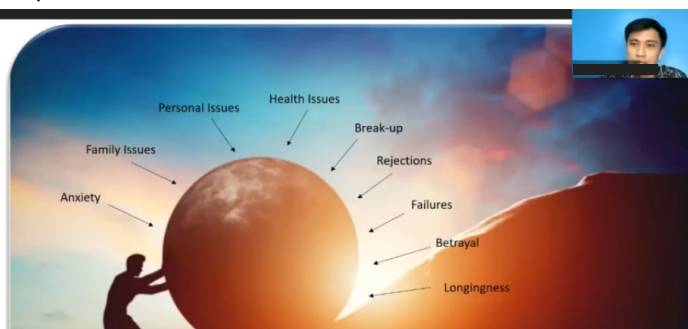
Mr. Barrion started his talk by showing photos that would best describe his topic and asked students to say something, in line with the photos and questions shared. The student-speaker interaction lasted all throughout his topic presentation.

"When achieving your goals, you will encounter challenges and failures, and resilience will come if you are able to stay strong and stand up for yourself after failing or experiencing challenges in order to continue achieving your goals," said Mr. Jhon Erlix Barrion, resource speaker.

At the near end of the program, an open forum was facilitated by the host wherein Zoom participants could ask questions to Mr. Barrion regarding the topic presented.

After the webinar proper, Ms. Bernadette Guzman - College Guidance Counselor announced the winners of the Digital Poster Making Contest. Congratulatory greetings were expressed to the victors: Aren Chezz Lapada - Champion, Jerald Tolentino - First Place, and Ishi Tan - Second Place. The winners were given a certificate of recognition and a cash prize through Gcash.

The webinar has come to an end with a closing prayer led by Joseth Pasalo, an LCC-Deparo College student.



Resource speaker, Mr. Jhon Erlix Barrion, MA, Rpm, was then finally introduced by LCC-Caloocan SHS student, Rea Nadine Alejandria.

## LCC-C celebrates World Tourism Day

by Jhazrylle Gayle Corpuz

Organized by the Tourism Management Travel Club, La Consolacion College-Caloocan (LCC-C) celebrates World Tourism Day held on October 22, 2021 via Zoom.

Every 27th of September, World Tourism Day is celebrated worldwide by Tourism departments, industry practitioners, students, and even travelers. This year's theme is "Tourism for Inclusive Growth," focusing on innovation and respecting each community living in this world.

The Tourism Management Travel Club celebrates World Tourism Day alongside the Philippine Department of Tourism and the World Tourism Organization. This day is set aside to acknowledge tourism's accomplishments worldwide and promote awareness of tourism's social, cultural, political, and economic contributions to achieving the Sustainable Development Goals.

The Travel Club started with a role-play talk show segment entitled 'KWENTURISMO,' dedicated to Philippine Department of Tourism Secretary, Bernadette Romulo-Puyat.

In addition to their role-playing segment, they have also facilitated a game called 'Beeda Quiz,' which consisted of three rounds: (1) Festivals in the Philippines



# LCC-C CELEBRATES

# HOLY Rosary MONTH

by Jerome Quiyan Jr.

**L**a Consolacion College - Caloocan (LCC-C) celebrated the Institutional Living Rosary streamed on its official FB page live from Mother Consuelo Convention Center last October 28, 2021, 1:00 pm.

Every last week of October, LCC-C culminates the Rosary Month through the Institutional Living Rosary. It be face-to-face or online classes. As we enter the month of October, we continue our daily devotion in honor of Mary, the Queen of the Most Holy Rosary.

Pre-pandemic, it is the most awaited day amongst LCCians. Students from pre-school to college would gather at LCC-C's quadrangle to meditate together.

There were some selected students and teachers who would sing and dance to serenade our Blessed Mother. At the end of praying, a Rosary-shaped balloon and cardboard will be released along with the doves.

This year, selected teachers and students still offered a serenade in honor of the Blessed Mother via Zoom and Facebook live. During the Institutional Living Rosary, the Holy Rosary was prayed united with one mind and one heart intent on God.

The origins of October as the month of the Holy Rosary can be traced back to October 7, 1571. During that time, a battle won by the Christians against the Mohammedans was believed that the Christians are assisted by the Holy Mother herself. The rosary was recited during Christian campaigns and all renowned victories were offered and celebrated in Mother Mary's honor.

October was dedicated to Her in honor of Her benevolence, mercy, and love for humanity.

The Daily Rosary streamed live on LCC-C's Official Facebook Page started on October 1 (Friday), followed by a Eucharistic Celebration in honor of its launching. The Daily Rosary continued from October 1 to October 31.

## Day 2021



(2) Talk Show Quiz from 'KWENTURISMO', and (3) 'Think Smart'. The quiz required two participants from the Hospitality Management (HM), Business Administration (BA), and Education programs.

HM Society members Aren Lapada and Darwin Enriquez won through the third round. The remaining pair competed against each other for the final round, where Darwin Enriquez was hailed as the grand winner - winning the Mystery Prize.

"Amidst the pain that we continue to endure, we should find comfort in the stories of hope and continue

to see the value in the positive, encouraging lessons that are emerging for our post-COVID world. Let us not lose our faith that tourism will bounce back and always hope for the best," says Melannie Tablante, Travel Club President, in her closing remarks.







# Learning never stops:

## Education in the time of COVID-19

by Madelaine Magbiray

**C**COVID-19 Pandemic has triggered new ways of teaching and learning. The different schools worldwide shifted to online classes from face-to-face classes, traditional instruction, and learning. As a result, our online learning environment has continuously changed and given us an excellent opportunity to learn and expand our skills.

Many universities and schools have shifted to virtual, flexible, and distance learning as their new way of education in response to the pandemic. Since the implementation of distance learning, schools have already adapted and catered to the power of online classes, not just for learning but also for extra-curricular activities.

In recent months, the demand for online learning has risen and will continue to do so in the future. Nowadays, online learning turns out to be more and more practiced, but most students, especially teachers, are still learning and adjusting to this new setup.

The latter may be new for some, but teachers exert effort in teaching their students, adjusting and looking for alternative ways to ensure meaningful learning experiences occur. They are breaking the conventional teaching practices to ensure their instruction is relevant and applicable to this setup.

Meanwhile, aside from teachers, learners are also adjusting. Every student has a different learning style; some are visual learners, auditory learners, and many more, differing based on their convenience. All may be struggling and adjusting, but we must understand that sometimes life surprises us to make us stronger and learn new things.

Online classes don't only challenge the existing systems in our education and learning routines, but it also challenges one's mental fortitude. Teachers and students cope with deadlines, pressure, anxiety, depression, family problems, and other health problems. Still, they can manage, get up, and do their very best to face all the adversities.



**My online learning experience** has been different than what I'm used to. I love that I get to work from the comfort of my home, but I would rather be in a physical classroom because it allows me to ask questions when needed. And in my own opinion, it's much more effective than online learning.

Online classes seem more difficult than learning in a physical classroom because you don't get the hands-on learning as we do in a physical classroom. Having to be in school for its purpose makes me focus better than having my classes at home while I need to do household stuff. If I have the power to choose, I will pick to have my classes in a face-to-face setup.

No one in this world expected that we were about to experience this kind of education setup. We all are struggling to deal with online classes, adjusting and navigating, but look at us, we are still here, continuously learning and persevering with our new normal setup.

We know that it will take time for the pandemic to end, but let us always hope that all things will get better soon and classes will be back at school, but surely online classes will always be part of the education system.

# World Teacher's Day celebration salutes all guiding lights

by Melannie Tablante



**W**orld Teachers' Day is held annually every 5th of October to celebrate all teachers around the globe. It commemorates the adoption of the 1966 International Labour Organization (ILO) and United Nations Educational, Scientific and Cultural Organization (UNESCO) anniversary, which marks the progress of education and reflects on ways to counter the challenges of teaching professionals. In addition, it is a time to remember educators who supported every student by recognizing their contributions and spotlighting the incredible responsibility they bear in ensuring that youth everywhere can enjoy the right to education.

This year, World Teachers' Day is celebrated with the theme, "Teachers at the Heart of Education Recovery." It focuses on their tireless efforts to teach their students regardless of adversities and hardships they may face, such as the COVID-19 pandemic. This crisis truly brought difficulties, but they continuously find solutions by creating new ways and alternative learning methodologies to ensure that their students never stop learning.





The whole world celebrated Teachers' Day and had various activities to give honor and gratitude to teachers. For example, in the United States of America (USA) - McDonald's gave teachers complimentary breakfast, "Thank You" meals, for one whole week. This fast-food chain held a five-day breakfast giveaway for teachers, school staff, and administrators in participating branches during breakfast hours. It's such an inspiring act of kindness that even in other professions or industries, we get to show appreciation for the hardships and sacrifices of teachers around the world.



Graphics by Janelle Sioson

Meanwhile, in the Philippines, they celebrated Teachers' Day with the theme "Gurong Filipino: Katuwang sa Hamon, Kasama sa Pagbangon" held on October 5, 2021, Tuesday. The Department of Education (DepEd) also expressed their support and admiration to Filipino teachers who were recognized for their best education practices, skills, and leadership in the national and international award-giving bodies. In addition, DepEd prepared various surprise virtual activities in collaboration with organizations to celebrate World Teachers' Day.

For LCCians, its celebration was done by showing love and care to their teachers, professors, and administrators through postings and Zoom meeting greetings. In addition, the LCC-C College Department's Student Advisory Board (SAB) posted on its official Facebook page photos of hardworking professors and course advisers, wherein students sent their messages of gratitude in the comment section.

Despite the pandemic, we can still make some creative ideas and ways to show our appreciation and give gratitude to our beloved professors. No virus could kill and stop us from appreciating our teachers on one of the special days celebrating their profession.





# Addressing our inner battles: CELEBRATING MENTAL HEALTH MONTH

by Jam Ashera Calma

**A**mid all the challenges that everyone is going through in these trying times, the silent and inner battles lurking in the depths of one's mind are deemed to be the toughest to fight.

The month of October tends to raise awareness regarding mental health, promoting the norm of addressing the mental health issues that many are facing today. Furthermore, bearing against the isolation brought by the pandemic encourages each one to reach out, as the act of asking for help should never be viewed as futile.

Data provided by the World Health Organization (WHO) Philippines showed 3 million cases of various mental health issues in the country as of early 2020. However, the lack of mental health services with the stigma is alarming, leading to more unreported cases.

With many struggling to adjust to the new standard and stay-at-home set-up, a spike in mental health cases is expected. This dilemma is inevitable, given that the situation regarding the pandemic is unpredictable as each day passes by. We may not be able to stop this, but by being educated and open, progress is highly achievable.

Encouraging others to participate is a must. Thus, schools and other institutions created programs that seek to help in making this progress happen. Even if the resources and activities may seem limited, the digital platform strives hard to make up for it. The Guidance and Evaluation Center of La Consolacion College - Caloocan took their part by launching the QuarantALK, a mental health webinar series in where resource speakers were invited to enlighten the students and school personnel about the importance of mental well-being of each in this time of the pandemic.

Today's generation primarily relies on social media to share a part of their day and some chunk of their life, yet they also mask their feelings by sharing memes and joining the trend. As a result, staying online became a Band-Aid solution to disregard what our mind is trying to get across. But we should never take our feelings lightly, as it is valid and crucial to be addressed.

Reaching out may not be easy, but one must remember that in this vast world, even if sometimes we feel lonely, we are never truly alone. Someone is willing to listen, and someone has the heart that can sympathize.

If the world is already too exhausting, keep in mind that it is okay to pause, breathe, and ask yourself from time to time: *"Hey, am I okay?"*



# Election 2022:

## *Lift every voter, choose better*

by Samantha Gabrielle S. Calalay

**"I**f we don't care about politics, we let politicians do whatever they want" – Leloy Claudio's statement for Rappler's YouTube "Basagan ng Trip: Political Participation" segment.

As per the Commission on Election (COMELEC), over 61M Filipinos can cast their ballots for National and Local Election in May 2022.

How will you know if you are supporting the right candidate? There are a few points that would help in making the "ultimate" decision. Starting with the most basic – do your readings and get on some research, join unbiased organizations on voting rights and responsibilities, and do not base your decisions on political campaigns or "election" promises.

Studies show the less you read – the less you take part, hence, your political involvement. Therefore, it is necessary to seek more than one article for your research, like how choosing studies with different views and opinions could push you to think critically.

Stating a few critical questions like "What policies do they advocate or oppose? What were their achievements and failures during their incumbency? What have they done after they lost their run for past elections?" could also help you in seeing what kind of people you are supporting right now and what kind of politicians you are missing out on. In addition, these kinds of questions may help you gather your thoughts on the facts.

Other than that, surrounding yourself with different groups may challenge your thoughts and knowledge. You learn the importance of engaging with different perspectives from your standpoint and accepting new information. There is nothing to be ashamed of if you're politically active; there are a lot of you out there (including me).

**"We The Youth Vote"** is an example of a non-partisan community of concerned young Filipinos. This non-government organization (NGO), supported by Ria Atayde, aims for awareness on Voters' Education. They have crossed different social media platforms to spread their advocacy.



We are also well informed that politicians are people whose jobs are to do something to better our country. Their plans should be for the people and not for hidden corruption agendas. So start to consider their pandemic action responses, at the same time, also contemplate on their credentials from way back.

Knowing that you are accountable for whom you choose to elect in the chair is horrifying. Whoever you decide to support, know that YOU made it possible, YOU enabled someone to do something – may it be for the good or bad. YOU are part of their successes and failures, no matter how big or small it is.

Justice is only for the privileged, so choose NOT to be vulnerable and ignorant when we can do something about it. Being neutral, especially in times when we are oppressed, should never be an option.

Let's make a stand for our happy ever after – **Your vote matters.** So vote wisely, responsibly, and honestly.

# Journey: LIFE OF HOLINESS TO SAINTS IN HEAVEN

by Bernadine Belle Teves

"Saints are not perfect models, but are people whose lives God has crossed." – Pope Francis.

Saints are part of the catholic religion; they are present not to be worshipped but to honor the life of holiness they lived and their intercessory prayer. It is said that saints above all are brothers and sisters "who have welcomed the light of God into their hearts and have passed it on to the world, each one according to their tone."

The road to sainthood isn't easy; it takes a lot of time, resources, and patience for the advocates of a candidate's sainthood. The process would take years, decades, and even centuries just to gather the information that can help verify the way of life of the candidate.

The tedious process starts after five (5) years upon the candidate's death; however, the Pope can waive this in some instances. The bishop of the diocese where the person died can authorize an investigation into whether the individual would be a good and worthy candidate for sainthood.

If the person qualifies, the bishop can declare the person as 'Servant of God.' The bishop will then issue a request to the Congregation for the Causes of Saints at the Vatican City for permission to officially open a case.







The candidate should have a widespread reputation of holiness, and intercessory prayer, which the Church will verify. A theological committee will be formed to look into the candidate's life, including their publications and, if obtainable, the testimonies of witnesses, both positive and negative, and make sure that nothing is disqualifying in the candidate's life.

After the investigation, all the materials and information gathered would be presented and reviewed by the Congregation for the Causes of Saints; the intercessory pass their findings to the Pope if the candidate qualifies. The Pope then declares the candidate to be called 'Venerable' if he agrees with the congregation.

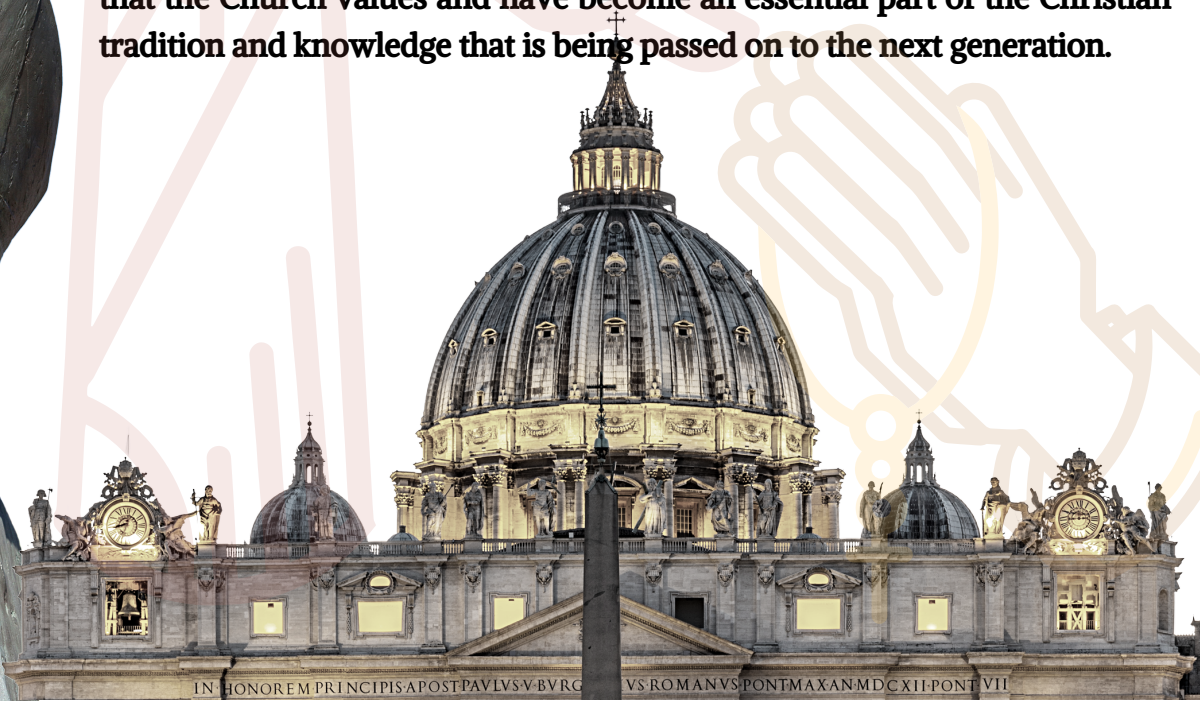
Beatification would be the next step. This can go in two ways: (1) The Pope declares that the candidate is a martyr for their intercessory faith; (2) A proof of miracle in the candidate's intercession. If the candidates have died of martyrdom, they do not need a miracle to be beatified.

Beatification of a 'Venerable Servant of God' is usually celebrated with a Mass normally held at St. Peter's Square in Vatican City and some instances outside the Holy See presided by the Holy Father. It is considered that the beatified candidates have entered heaven, and they are now called "Blessed."

The last but crucial step is the Canonization, declaring a deceased person as officially recognized 'Saint.' To be canonized and announced as a saint, there should be a miracle that should take place after the candidate is declared 'Blessed'.

The miracle would then be investigated by the Church, making sure that there is no scientific and logical explanation to the miracle presented. Once verified, the Pope will declare that the saint is in heaven and is worthy of public veneration by the Universal Church.

The Journey to Sainthood isn't the smoothest path, but it is something that the Church values and have become an essential part of the Christian tradition and knowledge that is being passed on to the next generation.



# COVID-19 VACCINES: HOW DOES IT WORK?

by Ryan Christopher Baldoza

**"Vaccines Can Save Lives"**– It's been a year and a half since the world was shaken by the pandemic. COVID-19 dominated the world in 2020, where many lives have been affected, and the whole world was put down on its knees. Everyone's lives are put on hold to stop the spread of the virus. After tons of research and clinical trials, the international pharmaceutical industries have finally produced a vaccine. Vaccine distribution in the Philippines started in 2021 with the A1 (healthcare workers) and A2 (senior citizen) categories.

Vaccine's efficacy fits the overall percentage reduction of the disease in a group of people who got vaccinated through the process of a clinical trial. It is also tested by comparing the rates of two groups that received two different vaccines. The difference in finding the vaccine's effectiveness is that it calculates the vaccine's effectiveness rate under real-life scenarios and not in a clinical trial while considering the space and number factors of the study. The effectiveness of a vaccine is determined by how well it safeguards the entire community.

Like any other vaccine, the COVID-19 vaccine works by imitating a disease-causing infectious agent (e.g. viruses, bacteria, or other microorganisms) and infects the body and immune system, causing your antibodies to respond and recognize the virus. However, it also produces long-term immune memory, a trained response that is faster and more effective than the initial contact. This memory may continue for months, if not years, depending on the person's immune response and memory established by the actual virus infection.

The frequently asked question is, "Are Covid-19 Vaccines Safe?". The answer is yes; vaccines undergo intensive training in clinical trials to demonstrate that they fulfill safety and efficacy standards. Fitting reasonable requirements, a vaccine can only be validated by The World Health Organization (WHO) and country regulatory organizations. The COVID-19 vaccine carries a few side effects (e.g. flu, dizziness, cravings, drowsiness, etc.) expected for your body's way to respond as a new agent enters your system.

Being vaccinated doesn't make you invincible of the virus; it helps your body prevent acute symptoms that the virus may cause. However, staying at home is still a must for vaccinated people as they could be the ones carrying the virus and passing it on to vulnerable ones. As for that, we must continue to take precautionary steps to combat the virus.





Some people would jokingly say, “They’ll become a zombie once vaccinated”, and this statement spreads fake news and rumors that could scare people from getting their vaccines. However, the strategy of the Philippine government by giving outside privileges to vaccinated people has helped to drive the Filipinos into getting their shots to practice these perks.

But then again, if you haven’t been vaccinated, think about the risk you’re putting your family and friends in. Don’t be a spreader, get vaccinated, and be better.

## GET TO KNOW YOUR VACCINES THROUGH THIS INFOGRAPHIC SOURCED FROM THE DEPARTMENT OF HEALTH.

	Pfizer BioNTech	Oxford AstraZeneca	Sinovac CoronaVac	Gamaleya Sputnik V	Janssen	Bharat BioTech	Moderna	Novavax
<b>Technology Platform</b>	mRNA	Viral Vector (non-replicating)	Inactivated Virus	Viral Vector (non-replicating)	Viral Vector (non-replicating)	Inactivated Virus	mRNA	Protein Subunit
<b>Philippine FDA EUA Approval [A]</b>	January 14, 2021 May 31, 2021 (Expanded EUA to include 12-15 y/o)	January 28, 2021	February 22, 2021	March 19, 2021	April 19, 2021	April 19, 2021	May 5, 2021	N/A (No EUA application yet)
<b>Age Group Covered by PH FDA EUA Approval</b>	12 y/o and above	18 y/o and above	18 y/o and above	18 y/o and above	18 y/o and above	18 y/o and above	18 y/o and above	N/A (No EUA application yet)
<b>Dose and Frequency</b>	2 doses, 21 days apart [A]	2 doses, 4-12 weeks apart [A]	2 doses, 28 days apart [A]	2 doses, 3 weeks apart [A]	1 dose [A]	2 doses, 28 days apart [A]	2 doses, 28 days apart [B]	2 doses, 21 days apart [C]
<b>Storage Requirements</b>	-80 to -60°C [A]	2 to 8°C [A]	2 to 8°C [A]	-18°C and below (frozen solution) [A]	2 to 8°C (3 months) [A]	2 to 8°C [A]	-25 to -15°C 2 to 8°C (30 days) [E]	2 to 8°C [H]
<b>Vaccine Efficacy Based on Phase III Clinical Trial (CT)</b>	95% against symptomatic COVID-19 (CT done for 16 y/o and above) 100% against symptomatic COVID-19 (CT done for 12 to 15 y/o) [A] [B]	70.4% against symptomatic COVID-19 [A] [B] 100% against severe COVID-19 [B]	51% overall VE against symptomatic COVID-19 100% against severe COVID-19 and hospitalization [D]	91.6% against symptomatic COVID-19 [B] 100% against moderate or severe cases [B]	66.1-66.9% against confirmed moderate to severe/critical COVID-19 ~77%-85% against severe COVID-19 [J]	80.6% against PCR-confirmed symptomatic COVID-19 [E] 100% against severe COVID-19 [B]	94.1% against symptomatic COVID-19 [B] 100% against severe COVID-19 [B]	awaiting official Phase III Interim Journal Publication
<b>Common Adverse Events Reported Observed in Phase III CT</b>	• short-term, mild-to-moderate pain at the injection site, • fatigue, headache [B]	• injection site pain and tenderness • fatigue, headache, feverishness, myalgia [B]	• local lymphadenopathy at the injection site, • allergic reaction that may be caused by any component of the vaccine • convulsion (with or without fever) [I]	• pain on injection site, hyperthermia, swelling [B] • headache, asthenia, muscle/joint pain, malaise, sore throat, diarrhea, rhinorrhea, loss of appetite, pain in the oropharynx, nasal congestion, colds, sneezing, cough [B]	• injection site pain, redness, swelling • tiredness, headache, muscle pain, chills, fever, nausea [C]	• headache • fatigue • fever • body ache • abdominal pain • nausea • vomiting [C]	• pain/ erythema/swelling on injection site, axillary lymphadenopathy [B] • fever, headache, fatigue, myalgia, arthralgia, nausea, vomiting, chills [B]	awaiting official Phase III Interim Journal Publication



# Cancel Negative 'Cancel Culture' NOW!

by Samantha Gabrielle S. Calalay

"I can't believe this; you are **#canceled**" – it's as easy as a post like this to call out on a public figure when your ideas are not aligned with them.

Since the 2014 VH1's reality show 'Love and Hip-Hop: New York' incident (a cast member fought with his love interest and mentioned "you're canceled"), the Twitter world has introduced a new hashtag to the media. It's a widespread buzz of getting celebrities, influencers, politicians, companies, and even a whole culture – #canceled.

The idea of canceling someone means blocking that person from having a prominent public business, either using the platform for social 'influence' or building a career. It was also formed by the public's knowledge of 'freedom of speech,' which gives some a sense of entitlement.

Cancel culture has been an 'end-all, be-all' kind of thing for the digital landscape. It's a whole world of boycotting or public hating, giving dent to someone's credibility. The netizens have used this as an accountability weapon to target their prey, where sometimes cyberbullying is also involved due to ad hominem attacks.

Some would ask, "What is the sole purpose of Cancel Culture?", people would mostly agree on the positives like – educating others, killing wrong actions, giving support to abused workers, and stopping fake news from spreading. But why does it feel like harassment for celebrities and so-called online 'influencers'?

This practice has evolved from boycotting and advocating for human rights to just plain hate and personal superiority. Unfortunately, even the lack of information won't get in the way for some netizens to write a #canceledt post online.

Moreover, the culture is being abused in the digital platform. Unfortunately, We are in a world where even minors could get canceled and ganged upon.

How hard could it be to just speak your opinions if someone is being oppressed in certain situations like harassment, abuse, and such? Can't we just unsubscribe, unfollow, and block people who have offended us and our beliefs if we'd want them to get hurt and be aware of their actions? Or if we really do care, why can't we just be kind human beings and send them a private message about the issue instead of calling them out and publicly humiliating them?

Those are some of the thoughts that I juggle in this specific dilemma of 'Cancel Culture.' First, let's not get too caught up with the crowd's favorite topic to talk about. Also, if we're served with new information different from what we know, let's normalize accepting those rather than throwing away good data.

In short, being socially aware and involved in the things around you is a good thing; I just hope you choose to be the person you want to be treated as. The real question is, "If you made an honest mistake, do you want to get negatively canceled or properly educated?"



# TERROR-RIFFIC HALLOWEEN

by Roselyn Nicole Bautista

Everyone has their own experiences, situations, and encounters that still haunt them in their sleep; some may share, while others don't. Halloween is here, which means reminiscing terror-riffic stories is on.

Halloween is one of the most anticipated holidays falling on October 31st every year. Many communities and families start giving their homes eerie makeovers in preparation for an enjoyable holiday, which revolves around dressing up in inventive costumes and collecting candy. In addition, some organizations establish spooky events while aspiring filmmakers and entrepreneurs capitalize on Halloween by releasing horror films, creating haunted houses, games, and rides.


## ***SO, HOW DID A LITTLE-KNOWN HOLIDAY BECOME WONDERFUL?***

Halloween can be traced back to the pre-Christian Celtic holiday of Samhain. The Celts lived 2,000 years ago in what is now Ireland. People believed that on Samhain, the dead came back to life. So villagers gathered on a sacred night to kindle bonfires, make sacrifices, and pay homage to the deceased. At the same time, they disguised themselves in animal skin costumes to ward off ghost visitors, banquet tables were set up, and food was placed on the table to appease uninvited spirits.

Halloween's popularity had spread across the country by the mid-nineteenth century. They commemorated the occasion by telling ghost stories, dancing, and singing in honor of the deceased.

Trick-or-treating is a fun Halloween tradition rooted in the Roman All Soul's Day holiday. Residents in need would walk on affluent neighbors' doors and offer a prayer for their departed in exchange for little, round spiced cakes known as soul cakes. In Ireland and Scotland, "souling" took on a new meaning when children dressed in costumes began receiving candies in exchange for singing, reciting poems, or performing "tricks."

While the COVID-19 outbreak has stopped traditional "trick or treating" and Halloween gatherings worldwide, there are still many safe ways to celebrate the holiday with the help of technology. For example, we can host a virtual costume party, decorate spookily pumpkins or any Halloween decorations at home, watch horror movies, share ghost stories online, and more.



Meanwhile, the Luminary created a simple celebration of Halloween by gathering people's terrifying and embarrassing encounters that they cannot forget in their lives. They created a form for everyone to share personal, fun, and spooky anonymous stories. The tales were posted on their official Facebook page on October 31st, together with Janelle's Halloween post graphic of Lia whipping something for the holiday. Sorry, Margaret!

Sharing our fun and the terrifying stories will make the audience imagine what we have encountered. Moreover, it is very entertaining to them knowing that we dare to experience those such situations.

Celebrating Halloween virtually is quite challenging since it can reduce the fun and excitement that everyone feels when this holiday is coming. But, we can be innovative in creating simple ideas or happenings on how we would want to celebrate Halloween amidst the pandemic.

Keep in mind that the sense of Halloween celebration is not just to get entertained by hearing ghost stories, dressing up a costume, creating spooky house makeovers, watching horror movies, trick-or-treating. It is also the time to continue our tradition where we pray for all the souls.







Jayson D. Abada, LPT  
**Luminary Adviser**

Samantha Gabrielle S. Calalay  
**Editor-in-Chief**

Kenneth Jordan D. Carpio  
**Associate Editor**

Roselyn Nicole V. Bautista  
**Managing Editor**

#### NEWS WRITERS

Ryan Christopher G. Baldoza  
Jerome D. Quiyan Jr.  
Jeslie L. Reyes

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Jay-R James Cabugnason  
Bernadine Belle Teves

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Beatriz Elaine F. Basto  
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#### SOCIAL MEDIA SPECIALIST

Jan Melannie C. Tablante  
Madelaine M. Magbiray

# #LigtasNaBalikEskwela KEEP YOUR HOPES UP DON'T LET YOUR GUARD DOWN



*by Kenneth Jordan D. Carpio*

One year and counting – the number we have been tallying since face-to-face classes have shifted to distance and flexible learning modalities due to the COVID-19 pandemic. The given questions, is the Philippines ready to reopen schools for face-to-face classes? Are we prepared to handle any risk it may cause? What grounds does the Philippine government consider in allowing it?

As of September 2021, the Philippines and Venezuela are the only countries in the world that have not reopened schools for face-to-face classes due to the pandemic. Because of this, youth organizations and student activists have been rallying with #LigtasNaBalikEskwela – advocacy for the safe reopening of face-to-face classes in the country.

In the past few days, the #LigtasNaBalikEskwela campaign had become noisy due to the announcement released on October 6 by the Department of Education (DepEd) Undersecretary, Nepomuceno Malaluan, informing the public with DepEd's plan of starting its pilot run for limited face-to-face classes on the 15th of November, 2021. According to DepEd, the said pilot run is weighed with considering the recommendations from child health experts, the Department of Health (DOH), Inter-Agency Task Force for the Management of Emerging Infectious Disease (IATF-EID), and other concerned groups.



Meanwhile, the Commission on Higher Education (CHED) promised that they will propose the reopening of face-to-face classes for all degree programs. With the approval of IATF-EID, CHED allowed limited face-to-face classes in selected degree programs, including health sciences and engineering.

CHED Chairman Prospero de Vera III said on Malacañang press briefing on October 11, limited face-to-face classes in all degree programs could be possible in the coming months, particularly in areas with low COVID-19 cases and high inoculation rates. At present, 21,000 students were vaccinated with no recorded infection cases from nearly 200 universities all over the country.

The Philippine government and education governing bodies, DepEd and CHED, must listen to the recommendations from health experts, IATF-EID, and DOH, wherein more studies must be conducted to ensure students' safety and success limited face-to-face classes. Next, ensure that the schools, colleges, and universities are ready for a conducive learning environment that observes health protocols and seriously implements them. Lastly, they must validate that students are fully vaccinated for added protection.

In conclusion, we REALLY NEED to reopen schools for face-to-face classes. If malls, restaurants, amusement parks are open, why not schools? Although undeniably, the Philippines has a long way to go in addressing the pandemic, many students and teachers cannot afford to have another school year of distance and flexible learning modalities. Some degree programs at the tertiary level require fundamental skills demonstration; the well-being of teachers and students has been compromised by this mode of learning; academic integrity has become a prevalent issue recently. On the other hand, we cannot afford infection among students and teachers.

The reopening of face-to-face classes is a factor that will affect quality education, considering the safety of the students and teachers. It is a collaborative effort to make sure that limited face-to-face class is safe and successful. Let's all aim for a safe reopening of face-to-face classes in the country.







Jam Ashera Calma

# Peace

**The screams were enough to take me back.**



The joyous burst of voices sparks from the obtained liberty that the country was hoping for after hundreds of years of oppression, hurt, and abuse; after being enslaved in our land, we almost forgot our own identity.

My figure remains to stand, glancing from the nipa hut's open window to see the crowd of people who were all celebrating. My lips were sealed tight, conflicted as I could not force myself to give a slight smile that everyone had been sharing.

The pain of the revolution will forever live in me. All the cuts that turned into scars, and even all of the wounds that did not seem to heal haunts me, pulling my mind into a loop that forces me to remember every last bit; the rifle on the palm of my hands, the sound of bullets ringing in my ears, and the sight of his losing grip on mine as he slowly perish on the battlefield. Perhaps that was the price that I needed to pay for taking people's lives to gain this land's independence.

And now I realize that no one wins a fight. Because I fought and gave my all just to lose everything in the end. Thus, in this freedom, I still don't feel free.

My fingers traced the locket that hung around my neck, a gesture I become accustomed to whenever I remember him. This cold piece of metal contained such happy memories and the sole promise that prompted me to join the revolution with him. A precious gift was given by him on that one birthday of mine, the last one that we were able to celebrate.

To relive his presence that one day, I closed my eyes, taking a deep breath to calm down my sighs.

"Take this as my promise. For now, I may not be able to bring you a ring, but when I come back, I promise that you'll see me grinning as I'm waving our country's flag freely. And then there and then, I will kneel in front of you to ask you to be my wife and finally be my home," he said after successfully placing the locket around my neck gently.



"A locket as a gift. Not so creative, but the words make up for it," I said in return, teasing him. My smile gave away to show that I was only being cheeky.

His dark brown solemn eyes only showed sincerity. I witnessed how it formed into the moon's crescent shape when he smiled at my remark—reminding me that he never fails to understand my humor.

"Open it."

I gladly obliged what he ordered. His excitement was contagious enough as I got the surge of that same feeling to see what was inside the tiny piece of jewelry.

Of course, it has to be photos of both of us in sepia tone. The world must be nice enough to capture how dashing he is in such limited colors. However, his image reminded me of how envious I am with the small pointy nose that his face was boasting. I could never really call myself a beauty with the rounded facial features that I was born with, a round face, and dark doe eyes.

"Thank you. I am in love with it."

He clasped my hand with his and squeezed it. "Keep it close to you whenever I'm not around; in that way, you won't miss me too much."

My smile faltered. "You know that's impossible. Missing someone is something you can't control," I uttered. "Do we need to wait just to get married?"

"I don't want to marry you while we're experiencing chaos," he answered. "That's not something you deserve."

I let out an exasperated sigh. There are no words to counter that.

He continued, "Let me marry you in peace."

My eyes traveled away from his stare. "We know that this revolution will be different. I might die out of worry as I wait for you." Whining was never my intention, yet what does someone expect in this kind of revolution?

"I'll come back; please hold on to that," he pleaded.

I stopped reminiscing as soon as those words replayed in my mind. At that particular time, my intuition served right. I doubted his words that he'll be able to come back, which prompted me to fight for the revolution alongside him for us to have that peace. A ridiculous one word that humans kept on disrupting.

Now that the country won the peace it wished to have for countless years, the people are now celebrating it, while I was left here asking myself how I could?

How could I celebrate it when my peace left with him...forever.





# Be the Light

Jam Ashera Calma

If the darkness  
In this world persists,  
Let your heart remain  
Forgiving.

Guard it.  
Let it remain unclouded  
From the vicious hate  
That this world contains.

And if the darkness continuously looms,  
Be the light  
That will radiate love,  
Kindness, and good.

Be the spark  
That will illuminate a path  
To inspire others  
To share their light, too.

# Greatest Treasures

Maevi Rizza V. Galang

Respect and appreciate our teachers,  
For their tireless efforts in teaching us during  
COVID-19-pandemic,  
For their passion for their profession,  
For their patience and understanding of our  
learning,  
For their compassion on our needs and  
situations,  
For encouraging us too well academically,  
For inspiring us to grow and be better persons,  
For their care and love for us—their students,  
For being our second parents.

Respect and appreciate our teachers,  
For they're one of our life's greatest treasures.

## Sticky Note

Jam Ashera Calma

May you always remember  
To be kinder to your soul;  
To accept the love and care  
That you've been selflessly giving  
To this vast chaotic world.

May you always remember  
To listen to your own pleas;  
Recognize your own needs  
That you should be prioritizing.

And may you never forget  
To give yourself peace.  
Because the world may have been too busy  
For others,  
But you should never be too busy  
For yourself.





# TOURISM FOR INCLUSIVE GROWTH

Maevi Rizza V. Galang

Let's recover our tourism industry,  
By promoting the Philippine heritage sites and tourist destinations creatively and innovatively,  
By finding opportunities in the new normal setting,  
By practicing sustainability in every place.

Let's recover our tourism industry,  
To increase tourism activities and demands for travel,  
To provide more opportunities for everyone,  
To save the tourism industry's workers,  
To better our economy,  
To see the beauty of the Philippines again.



Tik tok tik tok. What time is it?  
My heart pounds in every beat.

It seems like, 11:59 is my type  
of horror, As I am left not  
doing anything in a dark  
corner. Tik tok Tik tok

What time is it?

As long as  
it's not

11:

59,

I

should  
not quit.

Anxiety, stress,

and depression might be

visible, But I should always

stick with my principle. Tik

tok Tik tok What time is it? I am

not yet ready to submit. Have you

ever experienced this? Time went by

so fast like a glimpse. Tik tok tik tok.

What time is it? I feel regret is ready to

hit as 11:59 had passed, as I've always

feared, I'm all dead tired even to shed a

single tear. Tik tok tik tok What time is it?

It has been so hard to admit. As I feel, what

I feel, are my actions to be blamed? Since I

wasn't able to meet the aim? 11 : 59

might be a number, but it is certainly a hunter.

## 11:59, What time is it?

Beatriz Elaine F. Basto



LITERARY

THE  
LUMINARY

| 26







# Point in time

Beatriz Elaine F. Basto

"If you could not go back to any point in time, when would it be?"

He paused for a bit and frowned. "I'd say the 21st Century."

"Why? It was all modernized!"

"Yes, but it felt so skeptical whenever there are guns held by terrorists, bombs, and people are in fear and panic too. So terrorists manifested chaos over the place."

"Yeah, there is no safe place anymore..."

"Hopefully, it'll get better soon."

The daylight was beating down, and the wind would promptly blow dust across the fields. A flock of birds soared overhead.

They got down and took off inside.



## SECRETS OF MIRRORS

Jhazrylle Gayle Corpuz

Once upon a time, a baby girl was born into a wealthy family. Her mother loved her so much that she pledged she'd do anything for her baby and that she would always tell her how beautiful and flawless she was.

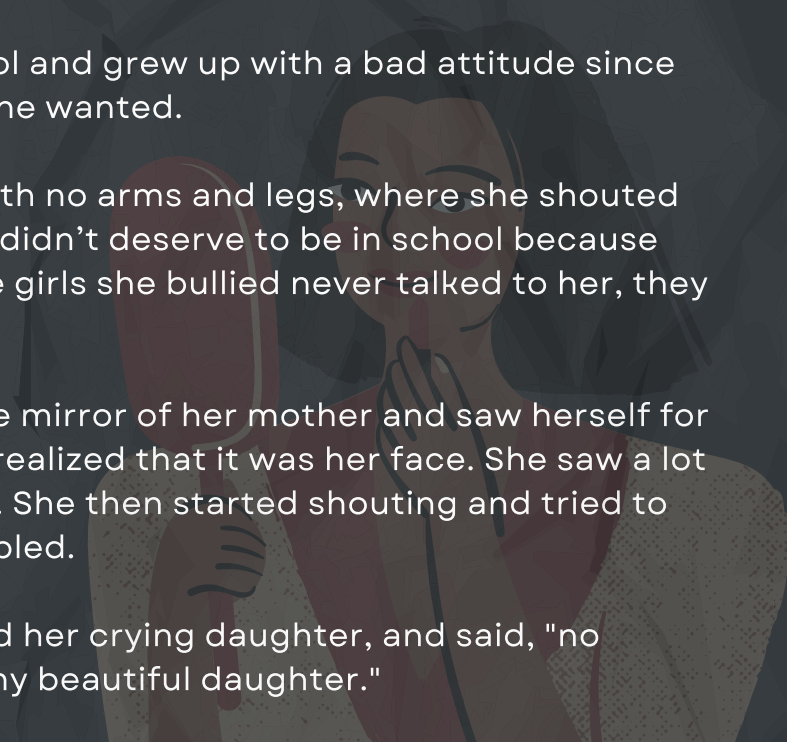
When the baby started growing up, the mother never told her daughter about mirrors; these were not allowed in their house.

One day the girl started to go to school and grew up with a bad attitude since her mother would always give her what she wanted.

She started to bully her classmates with no arms and legs, where she shouted at them, telling them they were ugly and didn't deserve to be in school because they didn't have arms and legs, but those girls she bullied never talked to her, they would only stare at her.

Until one day, she accidentally saw the mirror of her mother and saw herself for the first time; she was amazed and then realized that it was her face. She saw a lot of giant birthmark mole coating her face. She then started shouting and tried to remove the giant birthmark mole until it bled.

The mother came into the room, found her crying daughter, and said, "no matter what you are, you will always be my beautiful daughter."





# TAKE TIME TO REMEMBER

Pre-pandemic, we used to take almost everything for granted. Maskless faces smiling and laughing with matching 'hampas', the best kind of feeling with friends. One of the things the pandemic can't take away from us is our memories. It's all about what we experienced and how we keep them in-store (just in case someone asks to tell 'that' story). Even amidst the pandemic, let's continue to make new ones and collect them like sand in a bottle.



NETFLIX

SQUID  
GAME

OΔ□

## ‘Haven’t watched Squid game?’ here’s a glimpse of what you’re missing *by Madelaine Magbiray*

The surprise hit South Korean series ‘Squid Game’ has captivated everyone worldwide, illustrating playing deadly children’s games. It asks just how far a group of people will go to survive challenges for 45.6 billion South Korean Won or approximately 1 billion Php.

The next game is Tug-of-War, but the flag must cross the center-line at a deadly level for a team to be declared the winner. The Squid Game’s version sets up the game on a highly high bridge that causes the loser to fall to the ground and lose their life right after.

The nine-episode drama has hit No.1 on Netflix’s Top 10, with millions of viewers following its cast of all-star Korean actors. Netflix said the dystopian series had been viewed by more than 111 million accounts in the first 27 days since it debuted on September 17. Through the nine-episode series of Squid Game, you will surely not get enough watching it with the thrills, drama, brutal killings, and explosion of blood, literally everywhere.

Squid Game tells the fictional story of the 456 people in South Korea who are experiencing financial problems. They are then invited by a mysterious group to participate in a series of life-threatening competitive games in exchange for money. Yes, Squid Game is a series-survival game that uses South Korean children’s games as an element in the plot.

Six games are being played in the Squid Game; at first, it may look familiar, easy, and simple, but these games are deadly and bloody. In the 1st game, the participants were challenged by a childhood game known as “Red light, Green light” this is probably one of the top traditional games in Korea and all over Asia, where players should be able to cross the finish line before the timer ends. The twist is you have to stop moving when the doll says red light, move, and you’ll get shot.

In the second game, every player is given a circular-shaped can containing a honeycomb candy with one of the four shapes: triangle, circle, star, and umbrella. The players must cut out the candy’s form with a needle without breaking the shape of the sugar honeycomb.

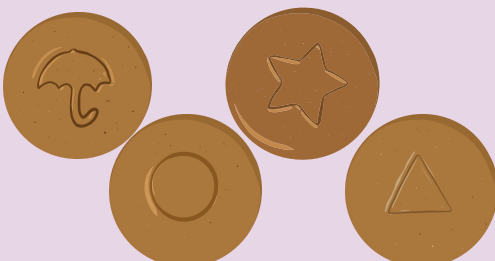
The fourth game, playing marbles. In the Philippines, playing marbles is popular since it’s entertaining and challenging at the same time. The contestant must pair up with others for this round and do everything to get all the opponent’s marbles.

The contestants must cross a glass bridge; some steps are tempered glass, while others are plain glass. If they choose the wrong step, they will fall to the ground and lose their lives. Honestly, this is the most challenging game, and some viewers suggest that they can throw their shoes and distinguish if the glass is tempered glass or plain glass to survive; it is a funny concept, but I think it will work.

In the final or last game, the contestant can use all the tricks they can think of. The attacker must run through the defense and touch the area inside the squid’s head with his foot to win. Meanwhile, the defender must block the opponent by forcing them out of the touchline.

It is nice to know that our viewing experience has evolved to entertain us and give us life lessons like ‘Money is important, but not everything.’ Squid Game lets the viewers realize that we really could not have it all in life, and aside from money, there are much more important things than anything else, like our relationship, family, loved ones, and especially the gift of life. We would all hear the saying “You Only Live Once,” but in fact, it is the other way around because it must be “You Only Die Once.”

The series was excellent since it’s unique and appealing in the viewers’ eyes, and I am one of them. While watching the series reminds me of the American movie ‘Hunger games,’ which is also a survival game movie. Still, the difference between the two is that the squid game is an associated series of games with their traditions being played in Korea has become a blockbuster because it features culture and how money changes the lives of the people.





# K-DRAMA trend



## Filipinos: Kamsahamnida for Korean Drama!

by Bernadine Belle Teves

**S**amgyupsal, Kimchi, Bulgogi sounds delicious, right? These are just some trends that came along as the Korean Drama (K-Drama) fix took over our lives.

As the pandemic gave a lot of routine and boredom moments, we found ourselves watching every series Netflix has to offer, including K-Dramas. Unfortunately, it's kind of a trap – once you click on the pilot episode without noticing, you'll find yourself binge-watching the whole series.

The K-Drama trend has been in the country for the past two decades. Since its Philippine media arrival in the early 2000s, Korean entertainment has made its way to the hearts of the Filipino audience. It was a pre-pandemic addiction, especially for avid telenovela fanatics.

The introduction of 'Meteor Garden', a Taiwanese drama, started the inclusivity trend of Asianovelas even with the challenge of reading subtitles to understand the conversations. Chinese, Japanese, and Korean dramas then became a thing for the afternoon shows that made people rush home to watch; however, the latter made a more profound imprint on the hearts of the local viewers.

Then what makes K-Dramas so appealing to the viewers? According to Erik Paolo Capistrano of UP Diliman's Korea Research Center, the creativity of the Korean entertainment companies, together with their loyal fan bases (who heavily promote them), plays a significant factor.

The creators and producers of these series are always open to new ways of presenting their creations. Thus, giving K-Dramas a wide range of genres that accommodates people of all ages and gender.

They are not afraid to tackle important issues that the viewers face daily such as, personal struggles, family relations, social issues, friendships, and mental health. With them tapping on human emotions, it enables the viewers to connect more with the characters.

From its set design to artist choice, K-Dramas are also produced with the highest form of aesthetics that makes them satisfying to watch. They provide a refreshing view on the same plot as they rely on the chemistry of actors and actresses that take on the main characters.

In addition, they use new concepts to present the same plot of a romance story that is 'boy meets girl'. It also brings out the viewers' intellectual skills, using clever ways to execute their story plots.

Many individuals became new fans of the K-Drama rage as they appreciated the craftsmanship behind each series. In addition, Filipino viewers are now enjoying Korea's diverse and colorful tradition, which includes their culture, language, and literature.

These Korean dramas have inspired Filipino youth to work hard and live for their dreams. They are also reminded to portray their roles and values in society.

# GAMES

## Word Search

Advocacy	Platform
Blessed	Quarantalk
Canceled	Red
Church	Responsibility
Corona	Saints
Education	Samgyupsal
Journey	Squid Game
Justice	Teachers
Korean Drama	Tradition
McDonald's	UNESCO
Mental Health	Vaccines
Meteor Garden	Venerable
Netflix	Virtual
Online Class	Voter
Pandemic	Youth

Y C A C O V D A N S M B A H P A Y N Q U  
F I O C S E N U E M E D S J W L E E R O  
N M M A O O M L I P C N N F A M N D S V  
N E K Z R H B H L R H L I U O C R R Z G  
N D T O Y A N A U E Q A T C A C U A K M  
H N C F R O T S S D R R W N C X O G Q C  
S A L E L F U C T T I X C A K A J R T K  
R P N A O I V T H V N E J J Q U V O O M  
M E W R S P X Q H V L I B L E S S E D E  
V C M J U P Y A P E J S A J A D Q T S D  
I E H G S Q U I D G A M E S T L U E S U  
I J H U X R G Y I B J J R D R A A M A C  
T F Y H R H S U G U O T V W A N R Z L A  
C J M P N C G R S M H U D X D O A N C T  
O V B V A R H T E O A P D F I D N L E I  
X L U Z E D I F J H E S J D T C T D N O  
V O T E R C V L J X C L D S I M A V I N  
X L N T E A M A R D N A E R O K L X L D  
Y T I L I B I S N O P S E R N O K Y N Q  
M E N T A L H E A L T H E T S K G D O C

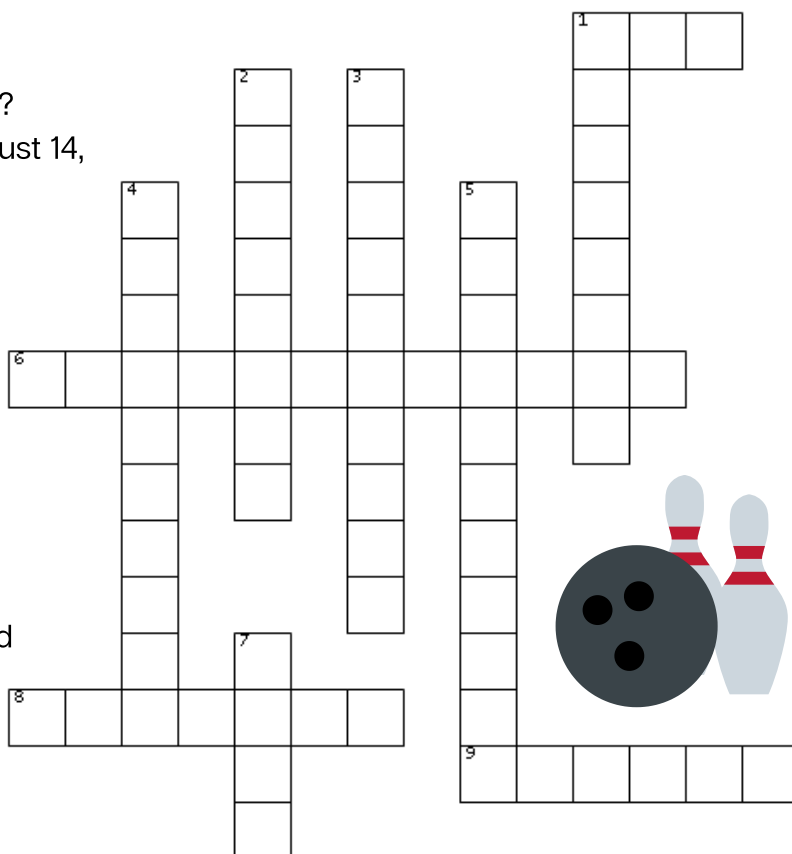
## Crossword

### ACROSS

- College Publication Official Mascot.
- What event occurred on October 28, 2021?
- LCC-C launched its official \_\_\_\_\_ last August 14, 2021.
- The month where school started.

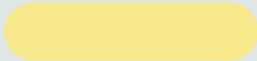
### DOWN

- La Consolacion College-Caloocan Official College Publication.
- The resiliency webinar was organized by whom?
- What training occurred on September 3, 2021?
- Who were the organizers of LCC-C's World Tourism Day Celebration?
- Adviser of LCC-C's Official College Publication.
- Buwan ng \_\_\_\_\_ is celebrated during August.





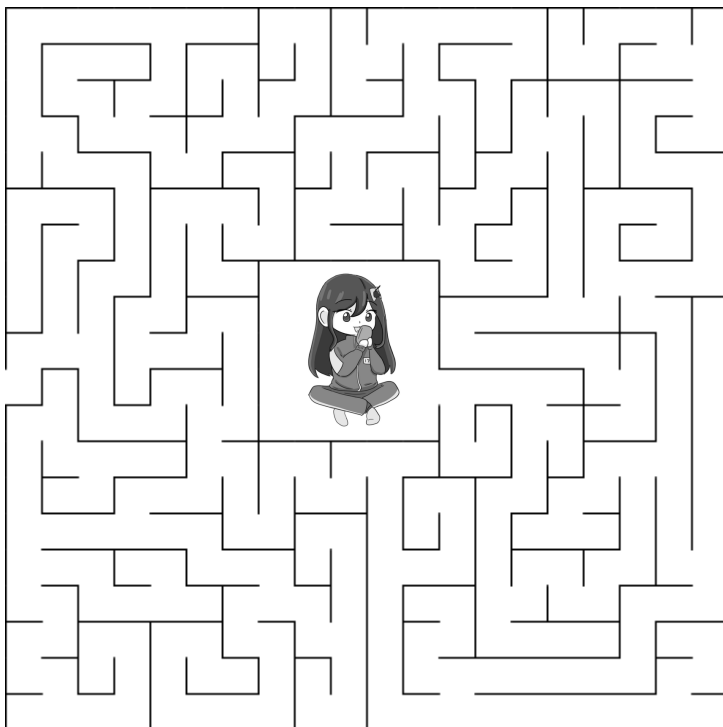
**HOW MANY PHOTOS OF LIA  
DID YOU SEE ALL OVER THE  
MAGAZINE?**



**ANSWER KEY  
WILL BE  
REVEALED  
IN THE NEXT  
ISSUE**

## Squid Maze

Help Lia to escape  
the Squid Maze ALIVE!



The  
**LUMINARY**

Official College Publication of La Consolacion College - Caloocan

496 A. MABINI ST. CALOOCAN CITY

facebook.com/LuminaryLCCC  
luminarypublication.lccc@gmail.com

## Who We Are

We are the Luminary,  
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Publication of La  
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Caloocan. We aim to  
revive the art of  
journalism.

Luminary /'lōomə,nerē/  
means a person who  
inspires or influences  
others, especially one  
prominent in a  
particular sphere.

We are one with the  
advocacy of searching  
and publishing nothing  
but the truth for the  
benefit of the college  
community at LCC-C.





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facebook.com/LccCalCity1940officialpage  
lcccfinanceoffice@gmail.com



## **The Luminary**

facebook.com/LuminaryLCCC  
luminarypublication.lccc@gmail.com



## **LCC-C Student Advisory Board**

facebook.com/official.lcccsab  
lcccsab@gmail.com